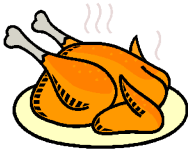


Forest Park Newsletter

**NOVEMBER
2011**



PARENT/TEACHER CONFERENCES

Our first semester is moving along quickly—it's amazing that we're almost one-quarter of the way through this school year! With that in mind, it is time for our fall session of parent teacher conferences.

All Parent-teacher conferences will be held on Thursday, November 10th from 5:00 - 7:00 p.m. and Friday, November 11th, from 8:00-11:30 am and 1:00-3:30 pm.

Parents of **high school students** and **middle school students** will attend conferences in the **small gymnasium**, and

are organized on a first-come, first-served basis. For parents and guardians who must wait, chairs will be arranged in front of each teacher's conference table. Conferences should be kept to a **maximum of 10-15 minutes** per parent(s). If additional time is needed, parents are asked to please sign-up for additional time with the teacher that day, or schedule a meeting on a future date.

Appointments are not necessary for parents of middle/high

school students.

ELEMENTARY CONFERENCES

Parents of **ELEMENTARY students** are asked to call the elementary office at 875-3131 to schedule a conference appointment with your child's teacher. Conferences are mandatory for elementary students. **Elementary report cards for grades 3-5 will be given to parents at conferences.**

Sincerely,
Forest Park Administration

November 1, 2011

Volume 2, Issue 2

**Parent/Teacher Conferences -
Nov. 10th P.M.
Nov.11th All Day**



**NO SCHOOL
Nov. 11
Nov. 15
Nov. 21-25**

Academic Booster Club

Attention Students!!

The FP Academic Booster club is extending an invitation to students in grades 6-12 to join their group as student members. This group meets monthly with the mission of enhancing academics with a primary focus on grades 6-12. Student

input would prove valuable and help to direct the club. In addition this would be a great learning experience for the students. If you are interested or would like more information please contact Shirley Beck at 875-6376. Next scheduled meeting is December 13th in the multipurpose room at

A Sloppy Jo Dinner will be held January 24, 2012 prior to the Boys Basketball Game vs. North Dickinson.

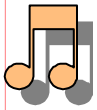
Attention!

The **entire building** will be closed November 21-25 for Thanksgiving break.

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NOVEMBER NEWS FROM F.P. MUSIC DEPARTMENT

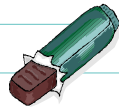


Forest Park Music Department Fruit Sales

Parents and students of the Sr. High Marching Band are reminded to continue watching the football playoff schedule as the band members will be expected to participate. Time and Talent Sheets need to be returned to Mr. Vanaman as soon as possible.

The Music Boosters wish to thank the community for their recent support of the World's Finest Chocolate Fundraising Sale. If there are any students that have not turned in their money, please do so as soon as possible.

The Junior High Band is tentatively scheduled to perform at the Veterans' Day Program which will be held *November 10*.



The annual Holiday Fruit Sales, sponsored by the F.P. Music Boosters, will begin on Monday, **November 14**. Band students in grades 6-12 will be selling different varieties of apples, oranges, grapefruit, pears, pineapples and several different variety boxes that make great Holiday gifts. For those students that are selling, orders and money



are due on Monday, November 28.

Orders can be picked up Wednesday, **December 18** from 4:00-6:00 pm in the F.P. cafeteria. Parents and students should note that orders cannot be picked up immediately after



school. The next meeting of the F.P. Music Boosters will be held on **Tuesday, November 8** in the Band Room.

FP Academic Boosters Pasty Sale

The Academic Boosters are selling frozen half-baked pasties left over from their summer sale. Cost is **\$3.75** each and orders can be placed by contacting the high school office at **875-6869**. Pasties will also be sold at the parent teacher conferences Wednesday, November 11th. Pasties go great at hunting camp or as a quick meal for hungry teenagers.

The Becks

rbeck@up.net

906-875-6376

NEWS FROM YOUR PTO!

The P.T.O. wishes to thank the entire community for your support in our fall fundraiser. All of the proceeds help our elementary with field trips, art supplies, special performance programs and special teacher requests. **Thank you so very much.**

Lisa Koon-Bloomburg
PTO President

ANYONE interested in donating treats for the hospitality tables for parent/teacher conferences November 11th? The PTO will provide coffee and would appreciate donations of any of the following items:

- 1) **Cookies/cupcakes/cake**
- 2) **Sweet breads**
- 3) **Grapes/Fruit/Veggies**

You may drop your donations off in the elementary office by the end of the school day November 10th.

THANK YOU!

Forest Park PTO

FP Sports Boosters Elementary From the Desk of the Superintendent

Basketball Tournament

January 14th & January 15th, 2012
Forest Park High School

Two Divisions

Boys– Grades 5 & 6 (8 Teams)

Girls– Grades 5 & 6 (8 Teams)

ENTRY FEE: \$50.00 PER TEAM

Deadline to Enter: Thursday, January 5,
2012

First Come– First Serve Basis

For Roster Form and More Information
Contact:

FOREST PARK SPORTS BOOSTERS

FOREST PARK HIGH SCHOOL

ATTN: DWAIN ANDERSON

801 FOREST PARKWAY

CRYSTAL FALLS, MI 49920

PHONE: 906-875-2124

FAX: 906-875-4660

EMAIL: danderson@fptrojans.org



"The private and personal blessings we enjoy, the blessings of immunity, safeguard, liberty, and integrity deserve the thanksgiving of a whole life." - Jeremy Taylor

The month of November brings to mind many different thoughts -Thanksgiving, Veteran's Day, family, friends, shopping, conferences, hunting, pumpkin pie, pilgrims, snow, football playoffs and volleyball tournaments, etc. As I ponder on this myriad of thoughts, I think of one word-gratitude. Gratitude means "a feeling of thankfulness and appreciation".

In my many years of experience at Forest Park, the feeling of gratitude has never escaped me. This year, I am overwhelmed by the graciousness of our school board members, staff, students, and community in trusting me to lead this school district down the path of continued success. It is the greatest feeling to walk through the Forest Park school doors every day knowing that I get to work with a top of the line teaching and support staff, booster organizations and members of this community who have nothing but the best interests of our children in mind at all times.

We don't have to end that appreciation when November disappears into December. If each one of us were to make a point of thanking just a few more people each month, then perhaps we would make our little world, whether it is here at school, in our homes or out in the community, an even better place. Enjoy life! Make a difference by saying thank you to someone today and every day!

Superintendent

-Becky Waters





Forest Park-November Hot Lunch Menu

- Nov. 1— Chicken Strips, Tater-Tots, Steamed Peas, Peaches
- 2—Hamburger's on a Bun, French Fries, Pickles, Fruit Salad
- 3—Taco's w/Lettuce, Cheese, Salsa, Sour Cream, Fruit
- 4—Pizza, Mixed Veggies, Apple Sauce, Peanut Butter Bars
- 7—Chicken Patties on a Bun, Tater-Tots, Fruit, Trail Mix
- 8—Spaghetti, Salad w/Italian, Fruit, Breadsticks
- 9—Baked Chicken, Mashed Potatoes & Gravy, Steamed Corn, Dinner Rolls
- 10—Dina Mia Sausage Pizza, Salad w/French Dressing, Fruit, Birthday Cake

- 11—**NO SCHOOL**
- 14—Taco's w/Lettuce, Cheese, Salsa, Sour Cream, Fruit
- 15—**NO SCHOOL**
- 16—Turkey over Mashed Potatoes, Green Beans, Sweet Potatoes, Stuffing, Dinner Rolls
- 17—Football Shaped Chicken Nuggets, Tater-Tots, Steamed Corn, Dinner Rolls
- 18—Dina Mia Sausage Pizza, Salad w/French Dressing, Fruit, M&M Bars

- 28 -Chicken Nuggets, Smiley Potatoes, Steamed Peas, Dinner Rolls
- 29—Taco's w/Lettuce, Cheese, Salsa, Sour Cream, Fruit
- 30— Pasty Pie, Green Beans, Mixed Fruit, Jello & Cream

ALL MEALS INCLUDE MILK



Ala-Carte

Pizza & Salad Bar

With Other



HAPPY THANKSGIVING **Nov. 21 - 25 NO SCHOOL**



"Recipe From The: **TEAM NUTRITION RESOURCE**"

HARVEST PUMPKIN BREAD

(Prep Time: 1 hr.– serves 12)

- 1 cup sugar
- 1/4cup margarine
- 1/4 cup apple sauce
- 2 eggs
- 1 cup (8 oz.) solid pack pumpkin
- 2 cups all purpose flour
- 1/2 tsp. salt
- 2 tsp. baking powder
- 1/4 tsp. baking soda



- 1 tsp. ground cinnamon
- 1/2 cup raisins
- 1 tsp. grated orange rind
- 1/4 cup orange juice
- 1/2 cup walnuts, chopped (opt.)
- 1. Preheat oven to 350 degrees.
- 2. Lightly grease a 9" x 5" x 3" loaf pan or coat with vegetable spray.
- 3. Beat sugar, margarine, and applesauce until creamy and light (5 min.). Add eggs one at a time and continue to beat.

- Add pumpkin and mix until smooth.
- 4. Combine flour, salt, baking powder, baking soda and cinnamon. Stir into pumpkin mixture and mix until smooth.
- 5. Add raisins, orange rind, orange juice and nuts (opt.). Stir well and pour into loaf pan.
- 6. Bake at **350 F** for **60-65** minutes. Check for doneness by sticking a wooden pick into loaf. If it comes out clean, loaf is done. Cut into 12 slices.

TEAM NUTRITION RESOURCE

NOVEMBER (Physical Activity)

Kids need to be physically active—even in the cold winter months. Have fun being active with your kids. Here are five fun & physical activities you can do with your kids this month:

- Take a family walk; in the park, around the block, or on a trail. Stay together.

- Put on your favorite music and **dance**.
- Go on a dinner picnic. Eat outside and play some outdoor games.
- Visit a pumpkin patch or an apple orchard. Make a pumpkin or **apple pie**. Have fun outdoors. Take your kids hiking,

bike riding or ice skating.

FAMILIES....GET FIT, HAVE FUN!

In November, rake the last of fall's leaves into a pile for jumping, then jump in!!!



Forest Park Dance Clinic

The Forest Park Dance Team will be holding a clinic on Saturday, December 17, 2011 from 9:00 a.m. until 12:30 p.m. for grades K-8. A snack will be provided.

The performance will be on Monday, December 19, 2012 at the boys' varsity basketball game against Florence. Please bring your child to the Elementary Gym at 6:15 pm on December 20. They will need to wear black pants, tennis shoes and the Dance T-shirt (given to them at the clinic).



Cost is \$25. Cost covers the clinic, t-shirt, pompoms, and snack. If you would like to sign up, please fill out the form below and drop off the form and payment to the Elementary or High School Office. For questions, call Marla at (906) 367-5404.

Forest Park Dance Clinic

Name of child: _____

Age: _____ Grade: _____

Parent's home and cell phone: _____

T-shirt size (circle one): YS YM YL YXL AS AM AL AXL (youth or adult sizes)

Open to children from any school.

Sign up deadline is Thursday, December 1, 2011. No refunds.

In case of game cancellation, performance will be rescheduled.

Forest Park Sports Boosters

Football Mania Update

The list of winners through week six for the Football Mania Sweepstakes sponsored by the Forest Park Sports Boosters are as follows:

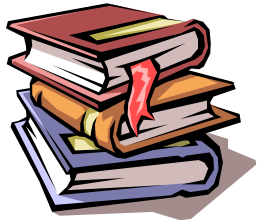


Week 1: Mike Divine: \$50.00
 Week 2: Class of 1986: \$20.00
 Week 3: Terrie Rugg: \$20.00
 Week 4: Kim Olson: \$50.00
 Week 5: Craig Hawkin: \$20.00
 Week 6: Danelle Dove: \$20.00



CONGRATULATIONS TO THE WINNERS AND A BIG THANK YOU TO ALL THAT PURCHASED TICKETS!

The Booster Club is always looking for new members. Please join us at our next meeting scheduled for Wednesday, December 7, 2011 at 4:30 in the multi-purpose room at Forest



The Reading Corner

12 Key Reasons to Start or Continue READING ALOUD To Your Children



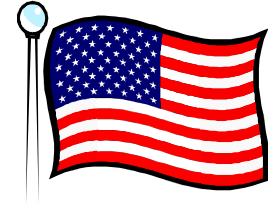
1. Builds a lifelong interest in reading by being actively involved in the reading process and interacting with adults.
2. Children whose parents read to them tend to become better readers and perform better in school.
3. Reading to children helps them with language and speech development.
4. It expands vocabulary and teaches children how to pronounce new words.
5. Reading to toddlers prepares them for school, during which they will need to listen to what is being said to them (similar to what they do while being read to).
6. Reading to older children helps them understand grammar and correct sentence structure.
7. Children crave attention so reading time can be used as bonding time.
8. Being read to builds children's attention spans and helps them hone their listening skills.
9. Curiosity, creativity and imagination are all developed while being read to.
10. Being read to helps children learn how to express themselves clearly and confidently.
11. Children learn appropriate behavior when they're read to, and are exposed to new situations, making them more prepared when they encounter these situations in real life.

When read to, children are able to experience the rhythm and melody of language even before they can understand the spoken or printed word.

Veterans Day Program



**NOVEMBER 10, 2011
HIGH SCHOOL GYM
9:30 a.m.**



**East Side Veterans Council
Color Guard**

Presentation of Colors

**National Anthem
Arr. By David Shaffer**

**Norm Vanaman, Director
Forest Park Band**

Pledge of Allegiance

**Audrey Sholander, President
Class of 2012**

Welcome and Opening Remarks

**Becky Waters, Superintendent
Forest Park Schools**

**VFW Auxiliary
President**

**Michelle Graves, Senior Vice-
VFW Auxiliary**

**“America the Beautiful”
By Samuel Ward
Arranged by John Kinyon**

**Norm Vanaman, Director
Forest Park Band**

Introduction of Speaker

**Lisa Olson, 6-12 Principal
Forest Park Schools**

Guest Speaker

Scott Kenney, CPA

Flag Etiquette

**Chris Sholander
Retired State Police**

Taps

**Jake Divine
Forest Park High School Band**

Closing Remarks

**Jake Divine, President
Senior High Student Council**

Forest Park Breakfast/ Lunch Program

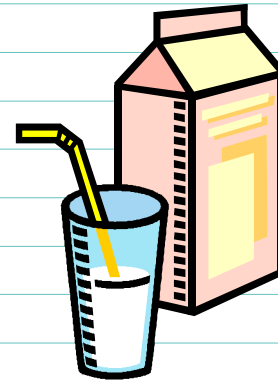
Please review the lunch program policy printed below. We encourage all families in our district to apply for free or reduced price meals. Applications for free/reduced price meals are available in the elementary or high school offices. If you have any questions, please call the business office, 875-6761 X3.

Forest Park School District Hot Lunch Program Policy

Parents are reminded that meal accounts are Debit Accounts and not CREDIT accounts. To avoid the added cost to our food service dept. of sending bills, please maintain a positive balance in your child's lunch account at all times. Weekly payments are expected.

Cost for Meals

- Breakfast – free to all students
- Elementary Lunch – 1.75/meal (8.75/week)
- Middle/High School Lunch – 2.25/meal (11.25/week)
- Extra Milk -- .30/carton
- Extra slice of pizza on Fridays -- \$1.25/slice
- 2nd serving of chicken nuggets -- \$1.25/serving



Mondays are the busiest days for lunch payments. Deposits will be entered into individual accounts on Monday.

When a student lunch account reaches a balance of -\$25.00, the following will occur:

- Notices will be mailed home to families
- Elementary students will also be notified by a note in their backpacks.

Middle /High school students will receive notes in their lockers with lunch account information explained to them.

The explanation will include the following information:

Your student's account has reached a balance of -\$25.00. Beginning (date) and continuing until payment is received, your child/children will receive, and be charged for, an alternate lunch consisting of a peanut butter & jelly sandwich and milk. (This lunch conforms to NSLP standards and is considered a Type A meal.)

Payments may be mailed to the school, or brought to the elementary or high school office. Please include the following information on the outside of the payment envelope:

Parent name

Student Name(s)

Attn: Lunch Program

You may check your child's account balance by calling the business office (875-6761 X3), or by going to the Power School link through our school website: <http://www.fptrojans.org>. To access this program, you may contact either the high school or elementary office for your parent username and password.

Thank you.

Forest Park Food Service