

Baraga Area School Presents

Jason Otter's School of Basketball

ONE DAY CAMP, 5-HOUR SHOOTING CAMP & COMBO CAMP

Location: Baraga Area School
210 Lyon St
Baraga, MI

When: Saturday, August 27 Sunday, August 28, 2011
One Day Camp 8am-1pm Combo Camp 8am-1pm
Shooting Camp: 2pm-7pm

Cost: \$70 for One Day Camp - \$150 for Shooting Camp - \$150 for Combo

Register @ WWW.OTTERBASKETBALL.COM OR CALL 1-866-357-2966

One Day Camp: Are you ready to change your game? Otterbasketball has developed a system for training that maximizes player results while reinforcing good old fashioned work ethic. World Class Trainer Jason Otter is going to be at Baraga High School in Baraga, MI for a One Day Camp to help you develop your game!! This is a one day, 5 hour camp for the SERIOUS player only. AGES: 4th grade thru 12th grade, co-ed. This camp is not for the beginning basketball player. Each player will be pushed to come out of their comfort zone. The players will work on foot-speed development, efficiency of movement off the dribble and out of triple threat, explosive drills, first step drills, ball-handling skills (right & left) and more. It is a tough camp, but you will learn more in these 5 hours than any other one day camp you have ever attended. Please arrive at 7:30am for check-in. We recommend a bottle of water to have court-side for your convenience. WORK HARD! This is a great opportunity to work with world class trainer Jason Otter!

SHOOTING CAMP: Details: Shooting efficiency (taking out all wasted motion in the shot leading to a quicker release and more consistency) catch and shoot (release the ball faster and with more consistency by understanding proper techniques to the catch and shoot) catch and square (teach players how to catch and square up helping them establish correct pivot foot and load their legs for their shot and a explosive 1st step) creating space out of triple threat (making more efficient moves out of triple threat / creating space out of triple threat in the form of step backs and dribble moves / reading the defense out of triple threat / keys to making yourself hard to guard). This is a 5 hour shooting camp running from 2pm to 7pm, only 18 players accepted.

Combo Camp: LEARN TO SCORE AND CREATE OPPORTUNITIES FOR TEAMATES AT OTTERBASKETBALL'S COMBINATION DAY CAMP designed to cover a variety of skills within a 5 hour period. The first 2.5 hours will focus on Skills such as: foot speed and how to build strong explosive handle for strong drives to the basket. Learn to shoot in one motion for quick release and stay on track and square to the basket. Jason will teach you to incorporate your entire body into your shot, proper catch and shoot technique, proper catch and shoot on the run and quick pull-up off the dribble. The next 2.5 hour period will focus on moves off the dribble such as: Change of speed, covering ground off dribble, eliminating wasted motion while moving, playing in straight lines, using angles to attack off the dribble. Situational finishes at the basket (strong and speed). Learn creating Space out of triple threat and shooting out of different game situations. This camp is not for a player who is new to OtterBasketball training. We recommend this camp to serious players willing to work very hard to become a better player. We only accept 18 players into this camp.

COME TRAIN WITH A NBA TRAINER!! Jason Otter is absolutely incredible. I have hired him for the NBA Player's Associations TOP 100 Camp and have brought him in to work with my own AAU team. He is the hardest worker I have ever seen in a camp setting and players that commit to his program will immediately improve. ~ Tim McCormick (10 year NBA Veteran, ESPN Analyst, Director of NBA Top 100)

"Let's make practice hard so the game is easy" ~ Jason Otter

Follow Jason on "twitter" "facebook" & "YouTube"

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